

Well Being Sessions at Doncaster Carers Centre

Caring With Confidence

Sessions

Tuesday

10am - 12pm

Check for start of next programme



Lifestyle Choices

Sessions

Thursday

1pm - 3pm

Term Time only, may incur a charge dependant on circumstances

Sewing made Easy

Sessions

Wednesday

12.30pm – 3.30pm

Term Time only, may incur a charge dependant on circumstances

Doncaster Carers Centre The Carers House 2 Regent Terrace South Parade Doncaster DN1 2EE





TO FIND OUT MORE CALL 01302 637566

Email:dpfc@doncastercarers.org.uk Text: 07984119117

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